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# Harnessing Adversity for Excellence]

3–4 minutes

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Health sciences faculty and staff are no strangers to adversity! But how do we make positive use of this seemingly negative pressure? Harnessing adversity can mean shifting our attention from fear to joy, replacing weakness with strength, or shedding limits and thinking bigger than we ever thought possible. As we also express gratitude for our challenges, they can start us on the path to greatness.

## Featuring

**RICHARD B. GUNDERMAN, MD, PHD**

**Chancellor's Professor | Indiana University-Purdue University  
Indianapolis**

**Radiology, Pediatrics, Medical Education, Philosophy, Liberal  
Arts, Philanthropy, Medical Humanities, Health Studies**

In addition to clinical responsibilities, Dr. Richard Gunderman teaches in the Center on Philosophy and has made significant contributions to pedagogical literature. He developed unique courses in philosophy - Medicine's Human Image, Philosophy in the Epics of Homer, Religion and the Life Sciences, Leadership in Medicine, and Perspectives on Health, Disease, and Healing. He

serves on numerous boards, including Christian Theological Seminary and Alpha Omega Alpha National Honor Medical Society. He is the faculty advisor to over a dozen student interest groups, honorary organizations, and annual service events. Dr. Gunderman is the author of more than 800 articles and 15 published books, including *Essential Radiology* (1998), *Achieving Excellence in Medical Education* (2006), *We Make a Life by What We Give* (2008), *X-ray Vision* (2013), *We Come to Life with Those We Serve* (2017), *Pediatric Imaging* (2018), and *Tesla* (2019).

## Objectives

- Describe different forms of adversity encountered by health professionals
- Outline ways in which adversity contributes to excellence
- Develop strategies to make encounters with adversity more fruitful

### [Join via Zoom](#)

10 a.m. - 11 a.m. CDT

8 a.m. - 9 a.m. MST

No Cost | 1 CE hour

## Provided By

- Creighton University School of Medicine
  - Creighton University Office of Continuing Education
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## Education Credit

### Category 1

Creighton University Health Sciences Continuing Education designates this live activity for a maximum of 1 AMA PRA Category 1 Credit(s)™. Physicians should claim only credit commensurate with the extent of their participation in the activity.

### **Nurse CE**

Creighton University Health Sciences Continuing Education designates this activity for 1.0 contact hours for nurses. Nurses should claim only credit commensurate with the extent of their participation in the activity.

### **Accreditation Statement**

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In support of improving patient care, Creighton University Health Sciences Continuing Education is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.